



Tofu Scrambled Eggs and Yuba or Rice Paper Bacon Recipe

Scrambled Tofu Eggs

- Sauté desired vegetables and set aside. For this recipe, we'll use broccoli, mushrooms, and peppers.
- Crumble tofu and sauté in a pan or cut up Tofu Steaks, which can be found on the [From Scratch](#) page.
- Add cheese sauce from Mac & Cheese or Cheese Sauce recipe shown on the [From Scratch](#) page.
- Stir ingredients until desired warmth and texture.

Bacon: please refer to Yuba (Tofu Skin) or Rice Paper recipe shown on the [From Scratch](#) page and use the bacon ingredients.

This is a great example of Developing a System. By keeping a few ingredients on hand (like sautéed vegetables, tofu steaks, cheese sauce, Chick Pea tuna, and unmarinated Yuba), a number of dishes can be easily prepared by adding ingredients and/or combining a few items. Some examples are: mac & cheese, tuna casserole, tofu steaks with Yuba chicken skins, cheese sauce on pasta or starter for a soup base, and of course this recipe.

