

References

Mayo Clinic Staff. "Vegetarian Diet: How to Get the Best Nutrition." (2012, July 11). www.MayoClinic.org

"Resources for Health Conditions." (1985). Physicians Committee for Responsible Medicine (www.PCRM.org)

"The Someone Project." and "About Us." (1986). www.FarmSanctuary.org

"Kimmela Center for Animal Advocacy, Inc." (2012). https://www.kimmela.org

"Dr. Fuhrman Smart Nutrition. Superior Health" (2004). www.DrFuhrman.com

"Rearing Cattle Produces More Greenhouse Gases than Driving Cars, UN Report Warns." (2006, November 29). UN News Centre. 29 November.

"Animal Agriculture One of the Largest Contributors to Global Warming, UN Body Reaffirms."

(2013, September 27). Humane Society International.

"Do Vegetarians Get Enough Protein" (2014, June 6). Volume 19. www.NutritionFacts.org.

"Home." (Not Available). http://vegankit.com/

"About." (1993). https://veganoutreach.org/

"About the Institute for Humane Education." (1996). https://humaneeducation.org/

"About Us." (1999). https://mercyforanimals.org/

"About." (2008) https://climatehealers.org/

